

Brookwood Girls Track and Field 2007

Coaches:

Head Coach: Coach B (Rob Blaszkievicz) (Middle and Long Distance)

E-Mail: rob_blaszkiewicz@gwinnett.k12.ga.us

Asst. Coach: Coach K (Kristen Thomas)

Asst. Coach: Coach Knight (Bridget Knight)

Asst. Coach: Coach Coulson (Candida Coulson)

Asst. Coach: Coach Gary (Samantha Gary)

All parents should read and sign the Track Team Rules and Consequences Contract before the first practice.

We have a mandatory booster club meeting on January 18th, in the BHS theatre, 7-9pm.

Expenses for track:

We are asking for \$125 per track and field athlete in lieu of fund raising. We don't sell produce, wrapping paper, candy, or magazine subscriptions. We have no concession stand revenue so we do not ask you to work. The \$125 goes to purchasing track and field equipment, entry fees, T-shirts, special awards, end-of-year banquet, clinics, and coaching supplements. For being a member you get a T-shirt, one banquet dinner, headband, and year-end awards.

The track and field athlete will also need to purchase a uniform as well as track spikes. You may also purchase sweats if you would like, but it is not mandatory.

We also plan on attending a meet in Orlando, Florida. It will be by invitation only and the cost will be \$170 per due-paying member.

Spring Break:

If you are interested in taking part in the Region Meet, and qualifying for the State Meet, please see below:

- Spring Break is March 31 – April 8
- Athletes must attend three of the five practices we have during Spring Break.
- Saturday, March 31, 8am – 9am.
- Sunday, April 1, 3pm – 4pm.
- Monday, April 2, 8am – 9am.
- Tuesday, April 3, 8am – 9am.
- Sunday, April 8, 3pm – 4pm.

PLEASE NOTE...Only two athletes per event and four athletes per relay attend the Region Meet. Thus, most athletes won't be affected by this requirement.